



# USTF-UTAH



(United States Taekwon-Do Federation of Utah)  
Presents:

The *USTF-UTAH* 21<sup>st</sup> Annual  
Taekwon-Do Summer Camp

East Canyon State Park  
August 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>, 2009

Special Guest Instructor:

**TO  
BE  
ANNOUNCED**

Classes Start on Friday night and continue through the weekend

All classes to be taught by USTF Black Belts

Patterns, Sparring, Self Defense  
Swimming, Fishing, Showers and Fun Available  
Space is Limited, Tent Sites Available  
(Trailer Sites Available but very limited)

Demonstrations of Patterns Set to Music  
(This is a competition open to all camp participants either as a single or a group)

For more info and to reserve your spot call  
Mr. Bill Dubbeld, VI Dan (801) 633-6909  
or  
Mr. Chris Wadium, V Dan (801) 550-4714

### Cost of Camp

Individual .....	\$48
Two in same family .....	\$84
Three in same family .....	\$120
Three or more ....	\$120 + \$18 each addtl.
Saturday Dinner Only .....	\$3

(Bring your own meat for Saturday)

REGISTER BY JULY 25<sup>th</sup> AND  
RECEIVE A ***FREE*** ***USTF-UTAH*** CAMP  
T-SHIRT!

### Camp Fee Pays For:

- ◆ 3 Days of Taekwon-Do Instruction
- ◆ Campground Fee, Parking and Tent Space for Two Nights
- ◆ Camp T-Shirt - If Camp Fee Received Before July 25, 2009
- ◆ Drinks and Side Dishes for Saturday Night Dinner
- ◆ A Great Time With Your Taekwon-Do Family and Friends

### Condensed Schedule

(Always subject to change)

#### Friday August 1<sup>st</sup>

3 - 5:30 PM	Campers Arrive
6 - 7:30 PM	Class for all ranks (Full Uniform)

#### Saturday August 2<sup>nd</sup>

7:30 AM	Wake-up Call
8:30 - 9:30 AM	Black Belt Class
9:30 - 11:00 AM	All Ranks
11:00 - 12:00 PM	Colored Belts
12:00 - 4:00 PM	Free Time!!!
4:00 - 5:30 PM	All Ranks
5:45 - 7:00 PM	Dinner
7:00 PM	Camp Fun!!!

#### Sunday August 3<sup>rd</sup>

7:30 AM	Wake-up Call
8:15 - 10:30 AM	All Ranks
11:00 AM	Clean-up Camp

### Items To Bring

- ◆ Uniform (including top)
- ◆ Sparring Equipment (including mouth guard)
- ◆ Gym/Running Shoes
- ◆ Tent (or arrange to stay with someone)
- ◆ Sleeping Bag and Pillow
- ◆ Extra Clothing (including something warm for the evening)
- ◆ Personal Items (toothbrush, towel, comb, etc.)
- ◆ Sun screen (THIS IS A MUST! CLASSES ARE OUTSIDE!)
- ◆ Hat (THIS IS A MUST! REMEMBER CLASSES ARE OUTSIDE!)
- ◆ Water Bottle
- ◆ Food for all meals, including meat for Saturday night
- ◆ Cooking and Eating Utensils, Camp Stoves and Dishwashing supplies.
- ◆ Swimsuit and Towels (optional)
- ◆ Insect Repellant
- ◆ Folding Chairs (optional)
- ◆ White T-Shirt to workout in
- ◆ Your Taekwon-Do Knowledge and Spirit!

Send Camp Registration  
Forms and Fees To:

***USTF-UTAH***

(United States Taekwon-Do Federation  
of Utah)

c/o Mr. Bill Dubbeld  
3107 South Lincoln Street  
Salt Lake City, Utah 84106

for ***USTF-UTAH*** Taekwon-Do Info. call:  
Mr. Bill Dubbeld: (801) 633-6909  
Mr. Chris Wadium: (801) 550-4714

Make Checks Payable To:

***USTF-UTAH***



# USTF-UTAH

(United States Taekwon-Do Federation of Utah)  
Camp Registration Form



Make Checks Payable to:

**USTF-UTAH**

3107 South Lincoln Street  
Salt Lake City, Utah 84106

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Rank: \_\_\_\_\_ Taekwon-Do School: \_\_\_\_\_

Registration Fee (each participant must fill out a form and sign) => \$ \_\_\_\_\_

Number of NON-TKD Guests for Saturday night Dinner \_\_\_ x \$3 => \$ \_\_\_\_\_

Total Number of T-Shirts \_\_\_\_.

T-Shirt Cost & Sizes: (First T-Shirt is FREE\*\* if registration \$ \_\_\_\_\_ size: \_\_\_\_\_

is paid before July 25th. Extra shirts and late reg. @ \$12 each. \$ \_\_\_\_\_ size: \_\_\_\_\_

\*\*For All Shirts: XL add \$1.50; XXL add \$2.50; S,M,L-no adder) \$ \_\_\_\_\_ size: \_\_\_\_\_

Total Amount Enclosed (see pricing guide on page 2) \$ \_\_\_\_\_

*I understand that there are certain risks involved in Taekwon-Do and reasonable efforts will be made to prevent injury or accident. I certify that I am in good physical condition and that **I am covered by a personal health insurance policy in the event of an injury.** I hereby release the organizers, fellow participants, sponsors, advertisers, USTF-UTAH, the United States Taekwon-Do Federation and its officers, and the owners of the facilities where the camp is held from any liability for injuries sustained while participating in or watching this camp. I also release any photographs or video tape taken of me during this event to be used by the sponsors for Taekwon-Do related publicity and waive off all claims for compensation for the use of said photographs or video tape. **If under the age of 18 please designate at the bottom of this page who your legal guardian will be while you are at camp.***

**Personal Health Insurance Coverage Provided by:** (Company Name) \_\_\_\_\_

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 2009.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Signature of parent if under 18 years old

Legal Guardian at camp if under 18 years old: \_\_\_\_\_