



USTF-UTAH



(United States Taekwon-Do Federation of Utah)
Presents:

The *USTF-UTAH* 22nd Annual
Taekwon-Do Summer Camp

East Canyon State Park
August 6th, 7th, and 8th, 2010

Special Guest Instructors:

Sr. Master Paul DeBaca-VIII Dan
Master Dan Griffin-VII Dan
(both from USTF HQ, Broomfield, CO)

Classes Start on Friday night and continue through the weekend

All classes to be taught by USTF Black Belts

Patterns, Sparring, Self Defense
Swimming, Fishing, Showers and Fun Available
Space is Limited, Tent Sites Available
(Trailer Sites Available but very limited)

Demonstrations of Patterns Set to Music
(This is a competition open to all camp participants either as a single or a group)

For more info and to reserve your spot call
Mr. Bill Dubbeld, VI Dan (801) 633-6909
or
Mr. Chris Wadium, V Dan (801) 550-4714

Cost of Camp

Individual \$48
 Two in same family \$84
 Three in same family \$120
 Three or more \$120 + \$18 each addtl.
 Saturday Dinner Only \$3
 (Bring your own meat for Saturday)
 Saturday Attendance Only.....\$25 each
 2nd & 3rd in same family.....\$20 each
 4th and up in same family.....\$15 each

REGISTER BY JULY 24th AND
 RECEIVE A **FREE** **USTF-UTAH** CAMP
 T-SHIRT!

Camp Fee Pays For:

- 3 Days of Taekwon-Do Instruction
- Campground Fee, Parking and Tent Space for Two Nights
- Camp T-Shirt - If Camp Fee Received Before July 24, 2010
- Drinks and Side Dishes for Saturday Night Dinner
- A Great Time With Your Taekwon-Do Family and Friends

Condensed Schedule

(Always subject to change)

Friday August 6th

3 - 5:30 PM Campers Arrive
 6 - 7:30 PM Class for all ranks
 (Full Uniform)

Saturday August 7th

7:30 AM Wake-up Call
 8:30 - 9:30 AM Black Belt Class
 9:30 - 11:00 AM All Ranks
 11:00 - 12:00 PM Colored Belts
 12:00 - 4:00 PM Free Time!!!
 4:00 - 5:30 PM All Ranks
 5:45 - 7:00 PM Dinner
 7:00 PM Camp Fun!!!

Sunday August 8th

7:30 AM Wake-up Call
 8:15 - 10:30 AM All Ranks
 11:00 AM Clean-up Camp

Items To Bring

- Uniform (including top)
- Sparring Equipment (including mouth guard)
- Gym/Running Shoes
- Tent (or arrange to stay with someone)
- Sleeping Bag and Pillow
- Extra Clothing (including something warm for the evening)
- Personal Items (toothbrush, towel, comb, etc.)
- Sun screen (THIS IS A MUST! CLASSES ARE OUTSIDE!)
- Hat (THIS IS A MUST! REMEMBER CLASSES ARE OUTSIDE!)
- Water Bottle
- Food for all meals, including meat for Saturday night
- Cooking and Eating Utensils, Camp Stoves and Dishwashing supplies.
- Swimsuit and Towels (optional)
- Insect Repellant
- Folding Chairs (optional)
- White T-Shirt to workout in
- Your Taekwon-Do Knowledge and Spirit!

Send Camp Registration

Forms and Fees To:

USTF-UTAH

(United States Taekwon-Do Federation of Utah)

c/o Mr. Bill Dubbeld
 3107 South Lincoln Street
 Salt Lake City, Utah 84106

for **USTF-UTAH** Taekwon-Do Info. call:

Mr. Bill Dubbeld: (801) 633-6909
 Mr. Chris Wadium: (801) 550-4714

Make Checks Payable To:

USTF-UTAH



USTF-UTAH

(United States Taekwon-Do Federation of Utah)
Camp Registration Form



Make Checks Payable to:
USTF-UTAH

3107 South Lincoln Street
Salt Lake City, Utah 84106

Name: _____ Age: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: () _____ - _____ Email: _____

Rank: _____ Taekwon-Do School: _____

Registration Fee (each participant must fill out a form and sign) => \$ _____

Number of NON-TKD Guests for Saturday night Dinner ___ x \$3 => \$ _____

Total Number of T-Shirts ____.

T-Shirt Cost & Sizes: (First T-Shirt is FREE** if registration \$ _____ size: _____

is paid before July 24th Extra shirts and late reg. @ \$12 each. \$ _____ size: _____

**For All Shirts: XL add \$1.50; XXL add \$2.50; S,M,L-no adder) \$ _____ size: _____

Total Amount Enclosed (see pricing guide on page 2) \$ _____

*I understand that there are certain risks involved in Taekwon-Do and reasonable efforts will be made to prevent injury or accident. I certify that I am in good physical condition and that **I am covered by a personal health insurance policy in the event of an injury.** I hereby release the organizers, fellow participants, sponsors, advertisers, USTF-UTAH, the United States Taekwon-Do Federation and its officers, and the owners of the facilities where the camp is held from any liability for injuries sustained while participating in or watching this camp. I also release any photographs or video tape taken of me during this event to be used by the sponsors for Taekwon-Do related publicity and waive off all claims for compensation for the use of said photographs or video tape. **If under the age of 18 please designate at the bottom of this page who your legal guardian will be while you are at camp.***

Personal Health Insurance Coverage Provided by: (Company Name) _____

Dated this _____ day of _____, 2010.

Participant Signature

Signature of parent if under 18 years old

Legal Guardian at camp if under 18 years old: _____