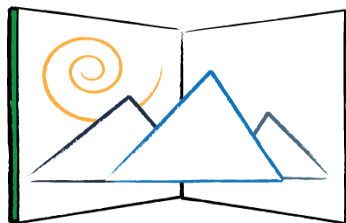


COMMUNITY EDUCATION, ADULT HIGH SCHOOL AND ADULT APPLIED TECHNOLOGY CATALOG

WINTER
2010



CANYONS
School District

CANYONS ADULT AND COMMUNITY EDUCATION PROGRAMS

COORDINATOR – AMY BOETTGER (801) 256-5740

(please call school sites for specific class information!)

Welcome to Canyons Adult and Community Education! This Winter Catalog is a brief version of classes and courses offered for the Winter 2010 session. To see details about each class, please follow these Internet instructions:

1. Go to www.canyonsdistrict.org
2. Go to the “Community” button, and click on “Community Education”
3. Scroll down the screen to the bottom
4. Click on the PDF icon titled “Community Education, Adult High School and Adult Applied Technology Catalog”

Thank you for your interest in this community program. We are excited to be a partner in your pursuit of knowledge, and hope to make this a positive experience for you and your family.

IMPORTANT INFORMATION

Please review the registration instructions carefully.
The procedures for registration can differ from site to site.

- Mail-in registration is preferred, and will be accepted until a class is full or begins
- Mail your registration form and payment to the location where class is being held
 - No phone registrations accepted
 - Please make checks payable to Canyons School District

(Do not include material fee with your registration - all material fees must be paid directly to instructor on the first night of class. Checks will not be accepted if material fee is included)

On-site registration for classes located at Butler Middle, Eastmont Middle, Mt. Jordan Middle, Midvale Middle and Canyons Technical Center

Tuesday, Jan 12th and Thursday, Jan 14th, 2010 from 6:00 p.m. – 8:00 p.m.

***Indian Hills Middle is on Tuesday, Jan 12th from 6 pm to 8 pm ONLY (not on Jan 14th)**

Canyons Community classes include a wide range of ages and interests. You must register at the location where classes are offered. For information call the Site Coordinator (listed below) at the school where the class is being held. Registration accepted first night of class if space is available. No notification of class acceptance will be sent to you. You will be notified only if class is cancelled. **Fees will not be refunded after second class.** Contact the site coordinator if you need to cancel.

ALL Community School classes last 8 weeks unless otherwise indicated.

COMMUNITY SCHOOL SITE COORDINATORS AND LOCATIONS

Butler Middle	7530 S. 2700 E, Salt Lake City 84121 thomas.kilgore@canyonsdistrict.org	Tom Kilgore	(801) 412-2290 (801) 412-2250
Eastmont Middle	10100 S. 1300 E., Sandy 84094 dennis.lombardi@canyonsdistrict.org	Dennis Lombardi	(801) 412-2000 (801) 412-1021
Indian Hills Middle	1180 E. Sanders Rd (11600 S.) Sandy 84094 phillip.stark@canyonsdistrict.org	Phillip Stark	(801) 412-2550
Mt. Jordan Middle	9360 South 300 E., Sandy 84070 sylvia.hansen@canyonsdistrict.org	Sylvia Hansen	(801) 412-2076 (801) 412-2050

FITNESS AND SPORTS

Aikido – Ages 12 and up

For more information call Dale @ (801) 943-0357

Mt. Jordan Middle School	Tues./Thurs. 7:00-8:30 PM	Begin 1/21	Cost \$50	Instructor Dale Peterson
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Fencing Basics – Ages 12 and Under

Develop basic fencing skills taught by Jr. Fencing World Championship coach. \$25 equipment rental fee paid the first night of class.

Indian Hills Middle School	Tues. 6:00-7:00 PM	Begin 1/19	Cost \$25+	Instructor Sergei Gritsaev
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Fencing Basics – Ages 13 to Adult

Indian Hills Middle School	Tues. 7:00-8:00 PM	Begin 1/19	Cost \$25+	Instructor Sergei Gritsaev
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Fencing Advanced – Advanced fencing technique. Previous fencing experience necessary.

Indian Hills Middle School	Tues. 8:00-9:00 PM	Begin 1/19	Cost \$25+	Instructor Sergei Gritsaev
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Fly Fishing – Ages 12 to Adult

Class covers all aspects of fly-fishing including emphasis on casting, equipment, entomology, etc. \$18 material fee paid to instructor.

Butler Middle School	Thurs. 7:00-10:00 PM	Begin 1/21	Cost \$50+	Instructor Peterson
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Fly Tying – Ages 12 to Adult

Learn basic fly tying techniques along with fly patterns for local waters.

Eastmont Middle School	Thurs. 7:00-9:00 PM	Begin 1/21	Cost \$40	Instructor Dave McCormick
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Karate – Beginning (ages 5-16)

Learn basic techniques and mental discipline of Karate.

Midvale Middle School	Wed 6:00-7:00PM	Begin 1/20	Cost \$30	Instructor Kerry Jones
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Tae Kwon Do – Beginning Ages 8 to Adult

Com learn self-defense from real life situations while getting a great workout! Taught by Mr. Sroykum, a IV Black Belt.

Butler Middle School	Tues/Thurs 6:30-7:30PM	Begins 1/19	Cost \$40	Instructor James Sroykum
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Tae Kwon Do – Intermediate Ages 8 to Adult

Butler Middle School	Tues/Thurs 7:00-8:30PM	Begin 1/19	Cost \$50	Instructor James Sroykum
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Team Up for Good Health

Acquire better health habits! Make a Game Plan and get motivated. Includes group instruction and individual coaching. **8weeks**

Eastmont Middle School	Tues. 7:00-8:00 PM	Begin 1/19	Cost \$30	Instructor Steven Wright, PhD
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Tumbling – Tiny Tots Ages 3-4 (Limit 15)

Fun, good exercise and training. Learn basic skills including variety of rolls, cartwheels, handstand, etc.

Mt. Jordan Middle School	Mon. 4:00-5:00 PM	Begin 1/19	Cost \$30	Instructor Kemp
Indian Hills Middle School	Tues. 5:00-5:30 PM	Begin 1/19	Cost \$15	Instructor Taylor Kirk
Indian Hills Middle School	Tues. 5:30-6:00 PM	Begin 1/19	Cost \$15	Instructor Taylor Kirk
Mt. Jordan Middle School	Wed. 4:00-5:00 PM	Begin 1/20	Cost \$30	Instructor Kemp
Mt. Jordan Middle School	Thurs. 4:00-5:00 PM	Begin 1/21	Cost \$30	Instructor Kemp

Tumbling – Ages 5-7 (Limit 15)

Mt. Jordan Middle School	Tues. 5:00-6:00 PM	Begin 1/19	Cost \$30	Instructor: Kemp
Indian Hills Middle School	Tues. 6:00-7:00 PM	Begin 1/19	Cost \$30	Instructor Taylor Kirk
Mt. Jordan Middle School	Wed. 5:00-6:00 PM	Begin 1/20	Cost \$30	Instructor: Kemp
Mt. Jordan Middle School	Thurs. 5:00-6:00PM	Begin 1/21	Cost \$30	Instructor Kemp

Kundalini Yoga & Meditation Ages 13+

This powerful yoga combines the science of posture, movement, breath and sound to strengthen the body, balance the mind and elevate the spirit. Appropriate for all fitness levels. Bring a yoga mat and wear loose clothing.

Eastmont Middle School	Tues. 7:00-8:30 PM	Begin 1/19	Cost \$40	Instructor Linda Allred
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Yoga

Enjoy some time for yourself! This fun and gentle class will leave you relaxed and energized. Appropriate for all fitness levels.

Indian Hills Middle School	Thurs. 7:30-8:30 PM	Begin 1/21	Cost \$30	Instructor Charlotte Phillips
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FOREIGN LANGUAGE

ASL (American Sign Language) Beginning Ages 12+

Come learn a new and fun language. Learn the basic signs and communication skills to use with deaf friends, family and even infants.

Mt. Jordan Middle School	Tues 5:30-7:00 PM	Begin 1/19	Cost \$30	Instructor TBA
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ASL Intermediate Ages 12+

Mt. Jordan Middle School	Tues. 7:00-8:30 PM	Begin 1/19	Cost \$30	Instructor TBA
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French – Beginning

Build a strong foundation for conversational French. A \$15 materials fee.

Indian Hills Middle School	Tues: 6:30-8:30 PM	Begin 1/19	Cost \$40+	Instructor Mike McCafferty
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REGISTRATION BY MAIL

- Register by mail for **Canyons Community Education Classes**, pages 1 – 9, unless otherwise specified in the course description. You may also register for **Adult Business/Vocational classes** (pages 17 & 18) by mail.

Steps to registration by mail:

1. *Complete* the registration form below for each class desired. Make additional copies as needed. Be sure to include all information requested.
 2. *Make* a check payable to **Canyons School District**. Note: a \$25 service charge will be assessed for each check returned/refused.
 3. *Mail* the registration form and payment to the **site coordinator at the school where the class is offered**. See page iii above for community school location addresses.
- Registration for **swimming pool classes, all Copperview Recreation Center classes, Canyons District Adult High School, ESL, Food Handlers Certification, and Canyons Business/Vocational classes** must be done on-site at the locations listed for each program – no mail-in registration for these sites/programs.

Thank you for your interest – we look forward to your participation in Canyons School District Community classes!

Canyons School District

Community Education/Adult Vocational Registration

Date: _____

Name: _____

Phone: _____

Address: _____

Email address: _____

Age Group: Adult Student (age _____)

Preschool child (age _____)

Class Title : _____

Start Date: _____

Class Location: _____

Time: _____

Instructor: _____

Amount enclosed \$ _____

Number of weeks: _____ (all classes are 8 weeks unless otherwise noted)

MAIL TO THE CLASS LOCATION:

Community Education Classes:

Mail to the Site Coordinator at the school location

Adult Business/Computers/Technical (CTEC):

Mail to CTEC Sandy Campus attn. Lisa Wadzeck

All others must register in person