

태권도



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**All seminars are held on Fridays, from 7:00pm to 9:00pm. at SLCC LAC room 176
Everyone can join and participate in all the club activities
for ONLY \$10 a semester!**

September

**7th Knife Defense
14th Ho Sin Sul
21st Breaking
28th Swords**

October

**12th Flying Kicks
19th Sparring
26th Technique**

November

**2nd Ground Fighting
9th Competition Patterns
16th Tournament Run Through
30th Mock Testing**

**For more information please contact
Stacey Holyoak - 801-244-4832
Adam Hurdman - 801-390-9376**