United States Taekwon Do Federation
6801 w. 117th Ave.
Broomfield, Colorado
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Ustf-itf.com rsereff@rmi.net

USTF REGIONAL TAEKWON DO WORKSHOP

April 10, 2010 11:00 AM – 3:00 PM

(No lunch break, bring water please)

Instructors:	***Grand Master Charles Sereff***	
	Grand Master Mike Winegar (pattern)	
	Sr. Master Paul Debaca	***(self-defense) (uniform)***
	Sr. Master Stan Martin	***(kicking)***
	Master Kirk Steadman	***(Referee update & info)***
	Master Joseph Bosse'	***(Jump Kicking)***
	David Ott	***(Signing)***
	Lorie Shaffer	***(Conditioning) (State info)***
	Bill and Jung Sook Jennings (Korean)	
	Grand Master Sereff to finalize	

Where: Thornton Community Center
2211 Eppinger Blvd.
Thornton, Colorado

Cost: $10.00
Please bring your 2010 USTF Card

(If you do not have your USTF card, we will ask you fill out another form plus late charge of $15.00.)